

TIME FLIES

Choreo by Pol. F. Ryan (Premier 17.3.2020, STAY HOME WORKSHOP LIVE)

Level: Beginner/Intermediate – 64 Counts – 2 Walls – 2 Restarts

Music: Days to Remember by Matt Cornell

Original Stepsheet from the video by **Margit Gröbl** – Road Crew's "quarantine" English version 18.3.2020

1 – 8: ROCK SIDE KICK CROSS, 1/2 TURN UNWIND LEFT, STOMP UP L x 2

1 – 4 Step R to right, return weight on L – Kick R forward, step R cross over L

5 – 8 Weight on both feet unwind 1/2 turn left – Stamp L x 2

9 – 16: ROCK SIDE KICK CROSS, 1/2 TURN RIGHT, HEEL, FLICK

1 – 4 Step L to left, return weight on R – Kick L forward, step L cross over R

5 – 8 Weight on both feet unwind 1/2 turn right – Touch R heel forward, flick R back

Restart here Wall 4

17 – 24: STEP-LOCK-STEP FWD R-L-R, SCUFF L, DIAGONAL L STEP, STOMP UP R, START COASTER STEP

1 – 4 Step R forward, L next to R – Step R forward, scuff L next to R

5 – 8 Step L diagonal left, Stomp up R next to L – Step R back, L next to R

25 – 32: STEP-LOCK-STEP FWD R-L-R, HOLD, STEP L FWD, 1/2 TURN R, STEP L FWD, HOLD

1 – 4 Step R forward, L next to R – Step R forward, Hold

5 – 8 Step L forward, 1/2 Turn Right to R – Step L forward, Hold

33 – 40: STEP R FWD, HOLD, STEP FWD L, HOLD, ROCK-STEP FWD, 1/2 TURN RIGHT, STEP, HOLD

1 – 4 Step R forward, Hold – Step L forward, Hold

5 – 8 Step R forward, Return weight on L – 1/2 turn right with R, Hold

41 – 48: SCISSOR GROSS, HOLD, POINT R, SCUFF R, CROSS R OVER L, HOLD

1 – 4 Step L to left, Return weight on R – Step L cross over R, Hold

5 – 8 Touch R toe to right, scuff R next to L – Step R cross over L, Hold

49 – 56: CROSS L OVER R, HOLD, CROSS R OVER L, HOLD, STEP-LOCK-STEP FWD L-R-L, HOLD

1 – 4 Step L cross over R, Hold – Step R cross over L, Hold

5 – 8 Step L forward, step R back cross L – Step L forward, Hold

Restart here Wall 8

57 – 64: STEP 1/4 TURN LEFT, SCUFF, STEP 1/4 TURN LEFT, STOMP UP, COASTER STEP, STOMP

1 – 4 Step R forward turning 1/4 to left, scuff L next to R – Step L 1/4 to left, Stamp R next to L

5 – 8 Step R back, L next to R – Step R forward, Stomp L next to R