

« SHAKING GROUND »



Choreo : Laura Jones (BE)

Music : Jesse and The Bandits : I'm not going home

Level : advanced (phrased)

A1- B - B - C - A2 - B - B - C-Tag- C 32 counts- B – B - C 32 counts –
C 32 counts – stomp R forward x2

Sequence :

Part A 1 :

Section 1+2	Heel R&L - point side R&L - rockstep R - half turn L - coasterstep
1-2	place R heel fwd., place back, place L heel fwd., place back
3-4	point RF to R, place back, point LF to R, place back
5-6	rock RF backwards, recover, place RF fwd., turn 1/2 L
7-8	step LF back, step RF next, step LF fwd.
Section 3	Scuff - (small) vine - back rock - kick - flick - kick - hook 1/2 turn
1-2	scuff RF and step to R, cross LF behind RF
3-4	rock RF backwards recover
5-6	kick R feet fwd., flick RF
7-8	turn 1/2 Left , kick R feet fwd., hook RF over left
Section 4	Lockstep R - step 1/2 turn – step 1/2 turn
1-2	step RF fwd - cross LF behind RF -
3-4	step RF fwd - hold
5-6	turn 1/2 to right - step LF fwd
7-8	turn 1/2 to right - hold
Section 5	Rockstep back – rock step fwd. – toe strut turn 1/2 L – toe strut turn 1/2 L
1-2	rock RF back, recover
3-4	rockstep fwd , recover
5-6	turn 1/2 L toe strut
7-8	turn 1/2 L toe strut
Section 6	Rockstep fwd - toe strut R turn 1/2 R - toe strut R turn 1/2 R - stomp R – stomp L
1-2	rock RF fwd, recover
3-4	toe strut R turn 1/2 R
5-6	toe strut R turn 1/2 R
7-8	stomp R and stomp L

PART B:

Section 1	Jump open – flick L - kick LF - kick RF - cross rock 2x RF
1-2	jump both feet open, flick LF
3-4	kick LF, kick RF
5-6	(jumping) cross RF over LF, recover
7-8	(jumping) cross RF over LF, recover
Section 2	Jump out, hook L - jump out, in & hook R, rock step back R - half turn L - stomp L
1-2	(diagonal) jump both feet open right side, jump back in and hook LF over RF
3-4	(diagonal) jump both feet open left side, jump back in and hook RF over LF
5-6	rock RF back, step RF forward
7-8	turn 1/2 to R, stomp LF next RF
Section 3	Turn ½ L – kick L - jumping jazzbox
1-2	turn 1/2 L with kick LF, kick RF
3-4	(jumping) cross RF over LF, recover, kick RF
5-6	(jumping) kick LF, cross LF over RF,
7-8	(jumping) kick LF, recover
Section 4	Kick RF -½ turn L - kick LF – fullturn L - stomp R
1-2	kick RF, turn ½ L
3-4	kick LF, recover
5-6	fullturn L
7-8	stomp R

PART C

Section 1	Rumba box
1-2	step RF to right, step LF next RF
3-4	step RF fwd., hold
5-6	step LF to Left, step RF next LF
7-8	step LF back, hold
Section 2	Coaster step – scuff - steplock -step L with stomp R
1-2	step RF back, step LF back
3-4	step RF fwd, scuff
5-6	step L fwd ,lock R behind L
7-8	step L fwd, stomp R next to L
Section 3	Side rock cross L – hold – rockstep R turn ½ R -hold
1-2	step L to left, step R back
3-4	cross L over R, hold
5-6	Rockstep R to R side ,recover
7-8	turn ½ R – hold
Section 4	Kick L – brush L – Flick L - stomp – swivel toe L- heel L –toe L -hold
1-2	kick LF fwd., brush,
3-4	flick L , stomp LF next RF
5-6	point L toe to L, point L heel to L
7-8	point L toe to L, hold

Section 5	Vaudeville L – Vaudeville R
1-2	cross RF over LF, step LF back
3-4	place R heel fwd., place RF next LF
5-6	cross LF over RF, step RF back
7-8	place L heel fwd., place LF next RF

Part A 2 :

Section 1+2	Heel R&L - point side R&L - rockstep R - half turn L - coasterstep
1-2	place R heel fwd., place back, place L heel fwd., place back
3-4	point RF to R, place back, point LF to R, place back
5-6	rock RF backwards, recover, place RF fwd., turn 1/2 L
7-8	step LF back, step RF next, step LF fwd.

Section 3	Rolling vine to the R – slide R to the L in 4 counts
1-2	step R to R , turn ½ R
3-4	turn ½ R ,step L to L
5-6	slide R to the L
7-8	slide R to the L

Section 4	Lockstep R - step ½ turn – step ½ turn
1-2	step RF fwd - cross LF behind RF -
3-4	step RF fwd - hold
5-6	turn 1/2 to right - step LF fwd
7-8	turn 1/2 to right - hold

Section 5	Rockstep back – rock step fwd. – toe strut turn ½ L – toe strut turn ½ L
1-2	rock RF back, recover
3-4	rockstep fwd , recover
5-6	turn ½ L toe strut
7-8	turn ½ L toe strut

Section 6	Rockstep fwd- toe strut R turn ½ R- toe strut R turn ½ R- stomp R –stomp L
1-2	rock RF fwd, recover
3-4	toe strut R turn ½ R
5-6	toe strut R turn ½ R
7-8	stomp R and stomp L

TAG 1

Section 1	Rolling vine R
1-2	step RF to R
3-4	step LF ½ to L
5-6	step RF ½ to L
7-8	stomp LF next RF

Section 2	Rolling vine L
1-2	step LF to L
3-4	step RF ½ to R
5-6	step LF ½ to L
7-8	stomp RF next LF

Section 3	Swivel R & L – kick RF – flick FL
1-2	switch both toes to R, recover
3-4	switch both toes to L, recover
5-6	kick RF fwd., brush
7-8	flick RF, stomp RF next LF

NOTE : *Have fun let it shake kisses Laura*