

Nangilima (Catalan Style)

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Choreography by: Vanesa Barambio

Description: 2 walls, Intermediate Phrased, September 2021

Music: Nangilima (Smith & Thell) (103 Bpm) CD: Nangilima (Pixie's Parasol) (2021)

SEQUENCE: AA B CC B – A(1) B CC B – AA CC BB – FINAL

PART A

SECT 1: VINE TO R With TOUCH, ROLLING VINE TO L, STOMP UP

1-2 Split right foot, cross left foot behind right foot

3-4 Split right foot, touch left foot to left (knee turned inward)

5-6 Swivel $\frac{1}{4}$ turn left step forward left foot (9:00), Swivel $\frac{1}{2}$ turn left step back right foot (3:00)

7-8 Swivel $\frac{1}{4}$ turn left step left foot forward, strike right foot (without putting it down) next to the left foot

SECT 2: RUMBA BOX

1-2 Right foot split, unite left foot

3-4 Right foot forward, pause

5-6 Left foot split, unite right foot

7-8 Left foot step back, strike foot (without placing it) beside the left foot

SECT 3: SWIVEL POINT & HEEL TO R, $\frac{1}{2}$ TURN R & SWIVEL POINT TO R, STOMP, SWIVEL POINT & HEEL & POINT TO L, STOMP UP

1-2 Pivot right toe right foot, right heel

3-4 Performing $\frac{1}{2}$ turn right pivot right toe right, strike left foot next to right foot (6:00)

5-6 Pivot left toe left toe, left heel

7-8 Pivot left toe left, strike right foot (without place it) next to the left foot

SECT 4: COASTER STEP, HOLD, ROCK FWD, TOGETHER, HOLD

1-2 Step back right foot, assemble left foot

3-4 Step forward right foot, pause

5-6 Step forward left foot (Rock), return body weight to right foot

7 -8 Step left foot together, pause

PART B

SECT 1: R DIAG STEP LOCK STEP FWD, STOMP UP, L DIAG STEP LOCK STEP FWD STOMP UP

- 1-2 (right diagonal) Step forward with right foot, step forward with left foot crossed behind right foot
- 3-4 (right diagonal) Step forward with right foot, strike left foot (without putting it down) next to the right foot
- 5-6 (left diagonal) Step forward left foot, step forward right foot crossed behind left foot
- 7-8 (left diagonal) Step forward left foot, strike right foot (without putting it down) next to the left foot

SECT 2: R DIAG STEP LOCK STEP BACK, STOMP UP, L DIAG STEP LOCK STEP BACK, STOMP UP

- 1-2 (left diagonal) Step back right foot, step back left foot crossed in front of right foot
- 3-4 (left diagonal) Step back right foot, strike left foot (without putting it down) beside the right foot
- 5-6 (right diagonal) Step back left foot, step back left foot crossed behind right foot
- 7-8 (right diagonal) Step back left foot, strike right foot (without putting it down) next to the left foot

SECT 3: COASTER STEP, HOLD, STEP FWD, PIVOT ½ TURN R, STEP FWD, HOLD

- 1-2 Right foot step back, left foot together
- 3-4 Right foot step forward, pause
- 5-6 Left foot step forward, pivot ½ turn right (body weight ends up on right foot) (6:00)
- 7-8 Step forward left foot, pause

SECT 4: ½ TURN L & TOE STRUT BACK, ½ TURN L & ROCK FWD, ½ TURN L & STEP FWD, HOLD, STOMP, HOLD

- 1-2 Pivoting ½ turn left step right toe back, rest right heel
- 3-4 Swivel ½ turn left step forward left foot (Rock), return body weight to right foot
- 5-6 Swivel ½ turn left step forward left foot, pause
- 7-8 Strike right foot next to left foot, pause

PART C

SECT 1: [JUMP BACK STEP APART, HOOK] DIAG R & L, ROCK BACK With KICK X2

- 1-2 (stepping back diagonally right) Jumping apart feet, bend left leg in front of right leg
- 3-4 (stepping back diagonally left) By jumping spread the feet, bend right leg in front of left leg
- 5-6 (by jumping) Move right foot back (Rock) by giving a small kick left forward, return weight of the body on left foot
- 7-8 (jumping) Step back right foot (Rock) by giving a small left kick forward, return weight of the body on left foot

SECT 2: ½ TURN L & KICK FWD, TOGETHER & FLICK, ½ TURN L & KICK FWD, TOGETHER, ROCK BACK, STOMP, HOLD

- 1-2 Pivoting ½ turn left, kick right forward, assemble right foot by giving a small kick left back
- 3-4 Pivoting ½ turn to the left small kick left forward, assemble left foot by giving a small kick right back
- 5-6 (In jumping) Step back right foot (Rock), return body weight to left foot
- 7-8 Strike right foot next to left foot, pause

SECT 3: VINE TO R, SCUFF, VINE TO L, STOMP

- 1-2 Split right foot, cross left foot behind right foot
- 3-4 Split right foot, tap left heel next to right foot
- 5-6 Split left foot, cross right foot behind left foot
- 7-8 Split left foot, strike right foot next to left foot

SECT 4: STEP APART, ½ TURN & FLICK, KICK FWD, STEP FWD, ROCK BACK, STOMP, HOLD

- 1-2 (Jumping) Spread the feet apart, pivoting ½ turn to the left assemble right foot while giving a small kick left back
- 3-4 Small left kick forward, left foot forward
- 5-6 (Jumping) Right foot back (Rock), body weight back on left foot
- 7-8 Right foot kick beside the foot left, pause

PART A(1)

Same as Part A and modify counts 5-8 of the 4th section by:

- 5-6 Step forward left foot, pivot ½ turn to the right (weight of the body ends up on the right foot)
- 7-8 Step forward left foot, strike right foot beside the left foot

FINAL

VINE TO R, DIAG STEP FWD, SLIDE, STOMP (or POINT BEHIND), HOLD

1-2 Right foot split, cross left foot behind right foot

3-4 Right foot split, strike left (without landing) beside right foot

5-6 Step forward left foot diagonal left (Big step), slide right foot towards left foot

7-8 Strike right foot next to left foot (or end point right foot behind left foot), pause

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