

Simple Life



Intermediate - 2 wall

Choreographer: Valentina Trigila

Music: Carolyn Dawn Johnson - Simple Life

PART A (32 counts)

STEP R & L, STEP UP L & R HEEL, VAUDEVILLE to RIGHT & LEFT, STEP L

1-2 & 3 & 4 Step R, step L, step up on R heel, step up on L heel, step back on R, step L over R
& 5 & 6 Step R to right, touch L heel diagonally forward, step L next to R, step R over L,
& 7 & 8 step L to left, touch R heel diagonally forward, step R next to L, step L forward

ROCK FORWARD R, ½ SHUFFLE to RIGHT, ½ STEP TURN to R, COASTER BACK L

1-2 Rock forward on R, return weight to L
3 & 4 Turn ½ to right stepping R forward, step L behind R, step R forward
5-6 Turn ½ to right stepping L back, step R next to L
7 & 8 Step L back, step R back next to L, step L forward

SHUFFLE FORWARD R & L, ROCK FORWARD R, ½ SHUFFLE to RIGHT

1 & 2 Step R forward, step L to R ("locked behind R"), step R diagonally forward
3 & 4 Step L forward, step R to L ("locked behind L"), step L diagonally forward
5-6 Rock forward on R, return weight to L
7 & 8 Turn ½ to right stepping R forward, step L behind R, step R forward

SHUFFLE FORWARD L & R, ROCK FORWARD L, COASTER BACK L

1 & 2 Step L forward, step R to L ("locked behind L"), step L diagonally forward
3 & 4 Step R forward, step L to R ("locked behind R"), step R diagonally forward
5-6 Rock forward on L, return weight to R
7 & 8 Step L back, step R back next to L, step L forward

PART B (32 counts)

CROSS ROCK R over L x 2, ½ TWISTER KICK to LEFT x 2, ROCK BACK R, STOMP UP R

- 1 & Rock forward on R (crossing over L), return weight to L,
- 2 & step back on R touching L heel diagonally forward, return weight to L
- 3 & Rock forward on R (crossing over L), return weight to L,
- 4 step back on R touching L heel diagonally forward
- 5 Turn ½ to left kicking R forward and stepping back on L,
- & turn ½ to left stepping back on R
- 6 & Kick L forward, return weight to L
- 7 & 8 Rock back on R, return weight to L, stomp up R next to L

CROSS ROCK R over L x 2, ½ TWISTER KICK to LEFT x 2, ROCK BACK R, STOMP UP R

- 1 & Rock forward on R (crossing over L), return weight to L,
- 2 & step back on R touching L heel diagonally forward, Return weight to L
- 3 & Rock forward on R (crossing over L), return weight to L,
- 4 step back on R touching L heel diagonally forward
- 5 Turn ½ to left kicking R forward and stepping back on L,
- & turn ½ to left stepping back on R
- 6 & Kick L forward, return weight to L
- 7 & 8 Rock back on R, return weight to L, stomp up R next to L

ROCK CROSS R & L, TOE STRUT BACK R & L, COASTER BACK R

- 1 & 2 Rock R to right, return weight to L, cross R over L
- 3 & 4 Rock L to left, return weight to R, cross L over R
- 5 & Step R toe back, put weight down on R
- 6 & Step L toe back, put weight down on L
- 7 & 8 Step R back, step L back next to R, step R forward

GRAPEVINE to LEFT + FULL ROCK TURN to LEFT,

GRAPEVINE to RIGHT + ½ ROCK TURN to RIGHT, WEIGHT to L

- 1 & 2 & Step L to left, step R behind L, step L to L, step R over L,
- 3 & 4 rock L to left, make full turn to left on R, return weight to L
- 5 & 6 & Step R to right, step L behind R, step R to R, step L over R,
- 7 & 8 & rock R to right, make ½ turn to right on L, put weight on R, return weight to L

A [6:00] – A [12:00] – A(16) [12:00]

B [6:00] – B(16) [6:00]

A [12:00] – A(16) [12:00]

B [6:00] – B[12:00] – B(28) [12:00]

B [6:00] – B[12:00] – B(12) [12:00]